

KEEP CALM AND LEARN

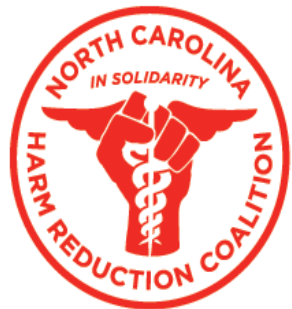
AND

TO USE

NALOXONE

Quick Info on Naloxone A.K.A. Narcan®

Naloxone reverses opiate and opioid overdoses (includes heroin, Oxycontin, methadone, Percocet, etc.). Naloxone restores breathing and cannot be abused. The effects of naloxone wear off after ~30 to 90 minutes. Naloxone can't cause additional harm to someone not experiencing an opiate/opioid overdose. It is legal to carry and administer naloxone in North Carolina.

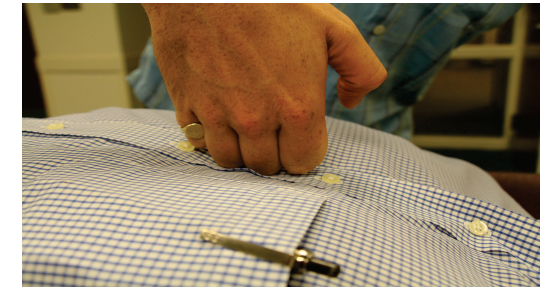


HOW TO USE NALOXONE



1. Sternum Rub

Is the victim not breathing? Blue in the face? Non-responsive? Perform a **sternum rub**, (move your knuckles up and down the chest over the sternum with lots of pressure)



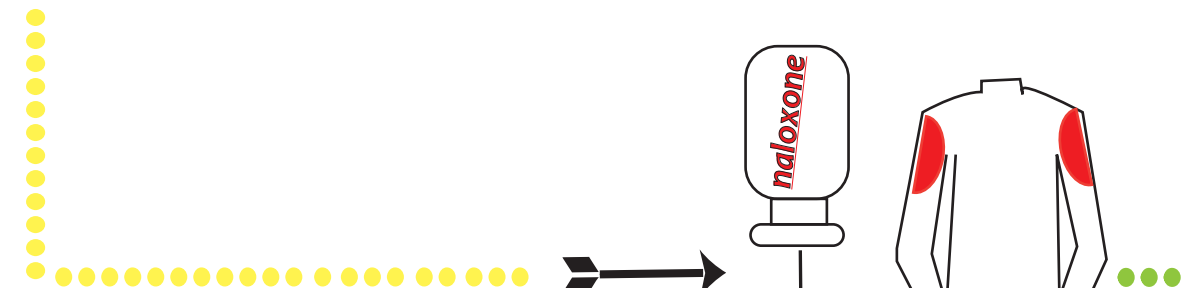
2. Call 911

NC has a Good Samaritan law that protects the caller and victim from being **prosecuted** for small amounts of drugs, paraphernalia, violating parole or probation and underage drinking



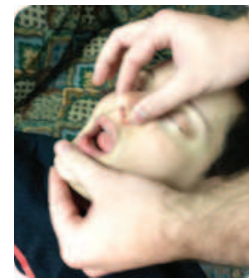
3. Administer Naloxone

Inject 1 full vial of naloxone into the victim's upper arm, thigh or buttocks. You should start seeing the effects of naloxone within a few minutes. If not, inject the second vial. **For zohydro and fentanyl overdoses, use 2 doses of naloxone immediately**



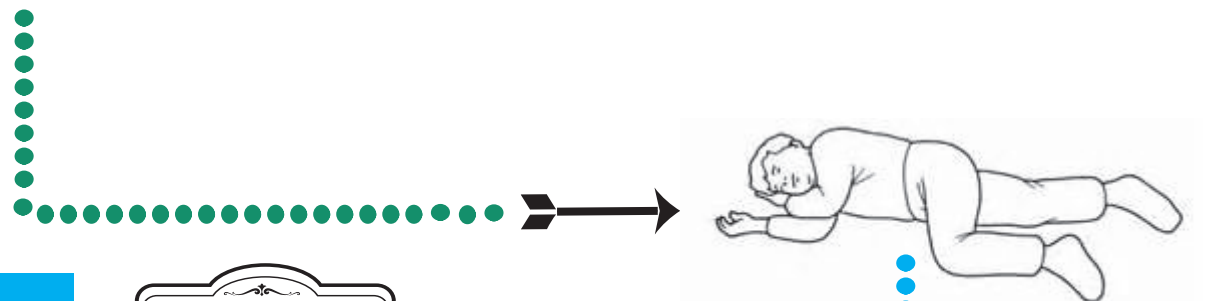
4. Rescue Breathing (if the person isn't breathing)

Lay the victim flat on the back, tilt the head back, clear the airway, pinch the nose and give 1 breath every 5 seconds until he/she begins breathing on their own



5. Recovery Position

If at anytime you need to leave the victim, place the victim in recovery position (lay on the person on the side) to prevent the person from choking on his/her vomit.



6. Report Naloxone Use

If you use your kit, simply text or call the NC Harm Reduction at (336) 543-8050 for another kit and they will make sure you get another free kit. **Reports remain anonymous.**

