

Many Pathways of Recovery

FREE Substance Use Disorder Treatment Virtual Symposium

FEB 23 • 9:00 AM TO 5:00 PM



United Way
of the Wabash Valley



SUBSTANCE USE DISORDERS



Sessions

9:00 - 9:40 - United Way's Role

Richard Payonk, Executive Director, United Way of the Wabash Valley

Learn how a non-profit became a convener in the community regarding substance use disorders. How did they get there, why does it make sense, and what are they doing?

9:40 - 10:00 - ASAM - Levels of Care

Jennifer Hutchens, Psy.D., HSPP, Clinical Psychologist, Union Health

Understand the American Society of Addiction Medicine (ASAM) defined standard of care for substance use which is based on applying the most appropriate intensity of treatment based on an individual's support needs.

10:00 - 10:15 - Harm Reduction & Naloxone

Christy Crowder, BS, CAPRC II, Director, Wabash Valley Recovery Center

A presentation on Naloxone and why its important, the stigma surrounding it, and how it helps in relation to harm reduction.

10:15 - 11:00 - Harm Reduction & LEAD Program

Robert Childs, MPH, Technical Expert Lead, JBS International, Inc.

Donnie Varnell, Dare County, NC Sherriff's Investigator, LEAD

Learn about the proven LEAD (Law Enforcement Assisted Diversion) Program which diverts those with addictions and forms of mental illness from the criminal justice system and into a social service system that can provide a possible intervention for someone in need without an arrest having to take place.

Session

11:00 - 11:15 - Morning Break

11:15 - 12:00 - Prevention

Brandon Halleck, COO, Chances and Services for Youth

Michele Orndorff, Director of Education, Mental Health America of West Central IN

Jay Christiansen, Extension Educator Health & Human Sciences, Purdue Extension

Dana Simons, LCSW, LCAC, Executive Director, Next Step Foundation

The Too Good for Drugs Program and Strengthening Families programs are aimed at youth to build up confidence and create a resistance to peer pressure which can lead to early onset-substance use.

12:00 - 12:40 - Voices of Recovery

Christy Crowder, BS, CAPRC II, Director, Wabash Valley Recovery Center

John Espeland, CAPRC II, Choices Consulting

Vanessa Durcholz, Certified Peer Recover Coach, Wabash Valley Recovery Center

Hear from three individuals about their paths to recovery and how their experiences are shaping what they do today.

12:40 - 1:30 - Psychosocial Intervention Treatment

Dana Simons, LCSW, LCAC, Executive Director Next Step Foundation

**Dave McIntyre, Licensed Clinical Addictions Counselor, Valley Professionals
Community Health Center**

**Natasha Newcomb, Executive Director of Addictions and Substance Abuse
Services, Hamilton Center**

Learn from three experts what psychosocial interventions for mental health and substance use disorders are and how they target many factors including biological, behavioral, interpersonal, social, or environmental with the aim of improving individual's health and well-being.

1:30 - 2:30 - MOUD – Medications for Opioid Use Disorder

Angela McAllister, MA, LCAC, Clinical Supervisor, Groups Recover Together

Chantelle Allen, NP-C, X-Wavier, Union Health Pain Management

Dax Duncan, NP-C, X-Waver, Union Health Pain Management

Jessica Nevill, LMHC, Clinical Director, WIN Recovery at Hamilton Center

Discover what medications are being used, why this can be an effective treatment, and how we can address the stigma of using medications to treat substance use disorder.

Sessions

2:30 - 2:45 - Afternoon Break

2:45 - 3:30 - Recovery Housing

Dana Simons, LCSW, LCAC, Executive Director, Next Step Foundation

Josh Michael, Odyssey House

Natasha Newcomb, Executive Director of Addictions and Substance Abuse Services, Hamilton Center

Hear from three recovery houses, as they discuss the challenges they face and how the community could better support their work.

3:30 - 3:45 - What is a Recovery Community Organization-RCO

Christy Crowder, BS, CAPRC II, Director Wabash Valley Recovery Center

Michael Rentfro, Employment Services and Peer Recovery Coach, Wabash Valley Recovery Center/Next Step Foundation

An RCO is an independent, non-profit organization led by members of the local recovery community. Hear about how they support those in recovery, their families and friends, recovery-focused professionals, and community members who support recovery.

3:45 - 4:50 - The Rural Connection

Amnah Anwar, MPH, MBBS, Senior Director Epidemiologist, Indiana Rural Health Association

Dana Simons, LCSW, LCAC, Executive Director, Next Step Foundation

Natasha Newcomb, Executive Director of Addictions and Substance Abuse Services, Hamilton Center

Quinn Fox, Probation Officer Vermillion County

Dr. James Turner, Marshall, IL, Union Health

Connecting the Wabash Valley service areas and the unique challenges they face in the rural setting. We will discuss telehealth options, the importance and challenges of virtual recovery, the lack of services available, and possible solutions.

4:50 - 5:00 - Closing Remarks with Richard Payonk, Executive Director of United Way of the Wabash Valley